

**PLEASE JOIN
THE KESHER ZION SOCIAL ACTION COMMITTEE
IN SUPPORT OF
FITZY'S 5K RUN/WALK**



**OCTOBER 30TH, 2022 @ 10:15AM
STONE HOUSE PARK
1216 PARKSIDE DRIVE NORTH
WYOMISSING, PA 19610**



TEAMS CONSIST OF 3-6 PEOPLE

REGISTRATION FEE: \$25.00/PER PERSON

**FREE "KIDS RUN & TRICK OR TREAT DASH"
(a 2nd loop around the pond with stops for Halloween treats!)**

Costume Contest

Kid's Zone Supervised Childcare (2 yrs +)

Silent Auction

Grillin', salads, fruit, bagels, desserts and more

**LET'S HELP SUPPORT OUR COMMUNITY
BY JOINING IN ON THIS WONDERFUL CAUSE.
HOPE TO SEE YOU ALL THERE!**

To learn about Fitzy's Run, visit <https://laurensfoundation.org/fitzys-run/>

To register, visit <https://www.pretzelcitysports.com/onlineform1.php?id=1194>

Please email kzsecretary@entermail.net for the current Keshher Zion team name!

For more information about KZ's participation, please contact Cindy Balchunas at

crbalchunas@comcast.net or 610.334.0653

ALL MONIES RAISED GO TO LAUREN'S FOUNDATION.

About Lauren's Foundation

Lauren's Foundation is a 501(c)(3) non-profit that was created by the family of Lauren Fitzgerald, a life-long Berks County, PA resident who died in 2005 from complications related to a brain tumor that was diagnosed in 2004. The Foundation honors Lauren's memory by supporting local families through a variety of charitable funds that support high school seniors, families with seriously ill children, brain tumor research and organ donation awareness. A quote from American poet Maya Angelou, adopted by Lauren following her diagnosis, serves as the guiding principle for much of the Foundation's work.

